

Your Secret Name

Discovering Who God Created you to Be

The Name Change

(With Insights from Mark 5:1-15)

Leader Version

Based on *Your Secret Name* by Kary Oberbrunner, published by [Zondervan](#), available here via [Amazon](#) (ISBN: 978-0310285465). More info www.yoursecretname.com

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**Please remember, this document is “fast-tracked” and isn’t a fit for everyone. We don’t want to rush or hurry the Holy Spirit’s work. Yet we understand that some people are in need of specific intervention like this process and we humbly join God in His work.*

**Our view is that many people believe two lies – one about themselves and one about their Father. Through Scripture and prayer this Name Change process seeks to dispel both those lies, and replace them with two truths –Your Secret Name and God’s Secret Name.*

**This Name Change process is meant for a facilitator (who is familiar with Your Secret Name) to prayerfully guide another person through. The facilitator is not the Healer—only Jesus is. The facilitator prayerfully joins the person as he or she seeks the Father.*

First ask: “Whether you feel like it at the moment or not, have you ever given your life to Jesus Christ? In other words, have you acknowledged that you are a sinner, asked God for forgiveness, and placed your faith in Jesus Christ’s finished work on the cross in order to receive salvation and the new life that He offers?”

- If the answer is YES then continue below
- If the answer is NO then share the story of salvation with them. Relying upon the Holy Spirit, lead them down the path of salvation and ask them if they want to make this decision. If they refuse then tell them that there is nothing more you can offer them because the Father of Lies has power over them and they are not a child of God. Still, please offer them God’s love and compassion and a prayer of God’s blessing on them. Pray that God would draw them unto Himself (John 6:44). And (if they are same gender) send them away with a hug. They need to see that our love is unconditional as is God’s love. If they want to receive Jesus Christ as their Lord and Savior then continue below...

“Jesus promises to give us life and live to the full (John 10:10). On the other hand, Satan wants to steal, kill, and destroy us. One of the ways he tries to do this is to lie to us about who we are. He wants us to believe that our identity is according to our old names. (He is the Father of Lies after all.) The Bible says that any person who is in Christ is a new creation, the old things (names) have passed away and new things (name) has come.”

“I want YOU to pray and ask YOUR Lord Jesus Christ to tell you Your Secret Name. The Bible tells us that God knows your new name and that He wants to give you that new name (Revelation 2:17)”

(Have the person pray and ask the Lord to lead them in this process.)

1. Repent =

Identify the Name =

(What is your Name? = Using the “*Hello my Name is...*” sheet)

“What names have been coming into your head the last couple weeks? Please write them down.”

Explain the Name=

“What is your earliest memory of this name?”

(Every name has a story. Every story has a wound.)

(With Jesus’ compassion, listen to their story)

Repent of the Name =

“This name doesn’t define who you are as a follower of Jesus Christ. This is your old name.”

You were taught, with regard to your former way of life, to put off your old self (name), which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self (name), created to be like God in true righteousness and holiness.
Ephesians 4:22-24

“Will you confess the sin of wearing this old name? Will you turn from this name?”

Sample Prayer - Father, I confess that I have chosen to believe that my name is _____ . I repent Father and I now turn from believing this lie.

(Pray through each name)

2. Renounce =

Renounce the Name =

“I want you to ask Jesus to come into this situation where you first received this name and this wound.”

(Ask them to pray and ask Jesus to do this. Continue to pray with them)

“What is the Jesus’ truth about this situation? Where was Jesus when this happened?”

(Listen. Remind them that God's truth is not full of condemnation or attack, but full of love and grace. Sometimes they will see Jesus at their side, looking on with love and compassion.)

“Renounce means to refuse to follow, obey, or organize any further. Do you refuse to recognize and follow the name that has been Given to you and the demonic spirits behind it?”

Sample Prayer - I renounce the lie that my name is _____ .

Demolish the Name =

“2 Corinthians 10:4-6 The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. And we will be ready to punish every act of disobedience, once your obedience is complete.”

Sample Prayer = In the name of Jesus, erase, break, and bind the power, schemes, and attack of the enemy regarding this name. In the name of Jesus and by the power of the Holy Spirit, I break the curse of _____ and all its effects in my life, and I declare that the name of _____ has no right or place in my life.

(Pray through each name)

Ask them if there is anyone that they need to forgive. Help them pray the words of forgiveness. Be patient as they choose to forgive (this may be hard).

(Keep in mind Your Secret Name Forgiveness Prayer. You may want to use this document if they are stuck.)

Sample Prayer of forgiveness - I choose to forgive _____ the person who _____.

3. Replace

Replace the Name =

“The Bible says that because you are an overcomer, Jesus has a new name for you (Revelation 2:17). I want you to ask Jesus what your new name is?”

(Give time for them to ask Jesus what their new name is.)

Sample Prayer = True Lord Jesus Christ of Nazareth, God Who came in the flesh, I know that you have a new name for me. You don't see me for the old names that I've believed. I ask you to reveal to me what my new name is.

Discover God's Secret Name =

“When we discover our own Secret Name, something odd takes place; we actually end up discovering one of God's Secret Names. The Scriptures often demonstrate God's people naming his unique attributes after *experiencing* his unique attributes.

Hagar, the mother of Ishmael, upon realizing that God understood her unique situation, gave God the Name EL ROI. “She gave this name to the LORD who spoke to her: “You are the God who sees me,” for she said, “I have now seen the One who sees me,” (Genesis 16:13).

Abraham, the father of nation of Israel, upon finding the ram which God provided, gave God the Name JEHOVAH JIREH, the LORD will provide. (Genesis 22:14)

Moses, the deliverer of Israel, upon experiencing victory over the Amalek, gave God the Name JEHOVAH NISSI, the LORD is my banner. (Exodus 17:15).

David, the king of Israel, upon experiencing safety through the valley of the shadow of death, gave God the Name JEHOVAH RAAH, the LORD is my Shepherd. (Psalm 23:1)

Kary, upon experiencing freedom from his Given Name, gave God the Name EL DEROR, the God who liberates. (Isaiah 61:1) Kary's Secret Name for God reflects the specific way in which he experienced God's healing. EL DEROR liberated him from his Given Name ENSLAVED and gave him his Secret Name FREE.

(Ask them what their Secret Name for God might be? If they don't know, ask them to ask the God.)

Sample Prayer = Father you've healed me from my Given Name of _____. Please reveal to me my Secret name for you.

Walk in your New Name =

“Ephesians 4:22-24 tells us we must no longer walk according to our old name. Instead, we must walk in light of our new name. Often times, God gives us a new calling in light of our new name. I'd like to pray for you as you take the next step in this journey.”

(Pray and thank God for letting you experience The Name Change process with this person)